



The Silent Escape



**BISMA EIGHT
COPPER KITCHEN & BAR
Jalan Bisma, Ubud, Bali, 80571 Indonesia**

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**SHH! - IT'S A SILENT ESCAPE
BISMA EIGHT INVITES YOU TO CELEBRATE NYEPI "DAY OF SILENCE"**

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Wednesday, January 25th, 2017

If you could disappear for a while, leave the daily hustle and totally disconnect from it all; Would you? Does the thought of silence, genuine peace and quiet and absolute relaxation sound like the stuff that dreams are made of? If you answered yes to either of these, then we have just the ticket; but Shh! It's a Silent Escape.

Ubud, in the uplands of Bali, Indonesia, is completely in tune with its historical significance. It plays host to some of Bali's most recognised vistas and houses a myriad of ancient Hindu temples and shrines; not least the Goa Gajah ("Elephant Cave") and the emphatic Gunung Kawi at Tampaksiring to the north of Ubud.

It is a spiritual place, with a divine respect for all that reside, and all that Ubud welcomes. Even the monkeys here have their own sacred temples; and the community that surrounds, share a philosophical goal of creating peace and harmony for visitors from all over the world.

Though one of the most anticipated occasions of the year marks a time for complete silence and utter reflection, as the heartbeat of Indonesia comes to an all-embracing standstill and the locals close their doors for Nyepi or "Seclusion Day".

What better time to escape to the serenity of Bali's leading resort in Ubud, Bisma Eight; where the Ubud jungle's rich green canopy kisses the polished, off-white concrete walls, and cocoons its residents in a place of placidity, like nowhere else on earth.

As the international airport closes its entire flight schedule on the 28th of March, you can be safe in the knowledge that nothing will disturb the gentle whispering of the soothing breeze; and if you're still worried about the rush hour traffic then fear not, as no motor vehicles whatsoever are allowed on the streets from dawn until new dawn. The perfect opportunity for a total switch off. A chance to reconnect with your inner peace and reboot yourself once more.

When people say, 'unwind' does it ever really happen? With the Silent Escape by Bisma Eight, they truly mean it.

Take advantage of the seductively appointed guest suites that overlook the lush tropical flora. Each one instinctively designed to enhance your sense of wellbeing and serenity. Lose yourself as you bronze in the afternoon sun, finding contemplation an ease to nature's melodious voice, as the volume of all modern additions are set to a minimum level.

If the midday heat gets a little too hot to handle, then by all means feel free to cool off with your exclusive access to one of the "8 best pools in the world" as written by the MR PORTER Journal. Or if too much stillness is even remotely possible, then channel your relaxation towards one of Bisma Eight's tailored in-house activities.

Start with an energising yoga class on the rooftop above the palm trees, or try your hand at crafty master mocktail making at Bisma Eight's, Copper Kitchen & Bar. You could also take an authentic Balinese cooking class, with award winning chefs on hand to show you how it's done; and if you really wanted to immerse in the whole Ubud experience, then make sure you sign up for the Canang Sari (Balinese Offerings) or traditional Balinese Dancing Class, all delivered in a respectful and dutiful nod to the quietest day of the year.

Nyepi is a different kind of New Year celebration, and the 'Day of Silence' is as unique as the opportunity modern day life affords us to zone out. Bisma Eight is something entirely different from what people have to come to think of as hotels in Ubud and the Silent Escape is just another part of their ever growing story.

So it stands to reason then, that if a visit to experience Bali's celebration of the Saka New Year is on your bucket list, and yearlong hectic work schedules leave you feeling a little burned out, you have no need to look anywhere else.

#Beapartofourstory

PACKAGE DETAILS

IDR 4.950.000 NET

Based on two adults and two children under 12 years

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March 27th - 29th 2017

2 Night Stay in Garden Suite
Inclusive of Daily Breakfast
1 x Refined Balinese Dinner at Copper Kitchen & Bar

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Complimentary Activities Included:

Hatha & Vinyasa Yoga Class
Balinese Offerings Class
Traditional Balinese Dancing Class
Traditional Balinese Cooking Class
Crafty Master Mocktail Class

Editor's Notes:

Bisma Eight is a boutique hotel experience set within the natural and cultural heart of Ubud. Rooted in the artisan heritage of central Bali, Bisma Eight is something entirely different from what people have to come to think of as staying in Ubud.

Visit: bisma-eight.com

Copper Kitchen & Bar is a seasonal earth-to-table dining experience, staying true to the local produce sourced from the farms of The Gardens at Bisma Eight, Tegallalang Reserve and Amed Fisheries. Stay authentic, ethical, and inspired.

Visit: copperubud.com

*For more information, images, interviews and content please contact:
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